

| Team | Datum | Uhrzeit | | Gast |
|-----------|----------|---------|---------------------------|------------------------------|
| Herren VL | 09.09.18 | 17:00 | TV Arzheim | HSV Rhein-Nette II |
| m C J | 15.09.18 | 15:00 | TV Arzheim | TS Bendorf |
| m E J | 22.09.18 | 14:00 | TV Arzheim | JH Mülheim/Urmitz |
| wJA-OLRPS | 22.09.18 | 16:00 | TV Arzheim | - SF Budenheim |
| Herren VL | 23.09.18 | 17:00 | TV Arzheim | TuS Horchheim |
| w E J | 20.10.18 | 13:00 | TV Arzheim | SV Untermosel |
| m E J | 20.10.18 | 15:00 | TV Arzheim | JSG Welling/Bassenheim |
| m C J | 21.10.18 | 15:00 | TV Arzheim | JH Mülheim/Urmitz II |
| wJA-OLRPS | 28.10.18 | 13:00 | TV Arzheim | - Ott/Be/Kuh/Ze |
| Damen KL | 28.10.18 | 15:00 | FSG Arzheim/Moselweiß III | SF Neustadt II |
| Herren VL | 28.10.18 | 17:00 | TV Arzheim | HSG Kastellaun-Simmern II |
| m E J | 03.11.18 | 15:00 | TV Arzheim | HSG Römerwall |
| w E J | 10.11.18 | 13:00 | TV Arzheim | JSG Hamm/Altenkirchen |
| wJA-OLRPS | 11.11.18 | 13:00 | TV Arzheim | - TSG Friesenh. |
| m C J | 11.11.18 | 15:00 | TV Arzheim | GW Mendig |
| Herren VL | 11.11.18 | 17:00 | TV Arzheim | HSG Sinzig/Remagen/Ahrweiler |
| m E J | 17.11.18 | 15:00 | TV Arzheim | TuS Horchheim |
| Damen KL | 18.11.18 | 16:00 | FSG Arzheim/Moselweiß III | GW Mendig |
| Herren VL | 25.11.18 | 17:00 | TV Arzheim | HSG Bad Ems/Bannberscheid II |
| w E J | 01.12.18 | 15:00 | TV Arzheim | JSG Welling/Bassenheim |
| wJA-OLRPS | 02.12.18 | 14:00 | TV Arzheim | - HSG Marp-Alsw |
| w E J | 08.12.18 | 13:00 | TV Arzheim | JSG Welling/Bassenheim II |
| m E J | 08.12.18 | 15:00 | TV Arzheim | GW Mendig |
| Herren VL | 16.12.18 | 17:00 | TV Arzheim | TV Güls |
| w E J | 12.01.18 | 14:00 | TV Arzheim | GW Mendig |
| wJA-OLRPS | 27.01.19 | 14:00 | TV Arzheim | - JSG Mund/Rhein |
| m E J | 02.02.19 | 15:00 | TV Arzheim | TV Moselweiß |
| Damen KL | 03.02.19 | 15:00 | FSG Arzheim/Moselweiß III | TV Bad Ems II |
| Herren VL | 03.02.19 | 17:00 | TV Arzheim | TV Bassenheim |
| m E J | 09.02.19 | 15:00 | TV Arzheim | TuS Weibern |
| Herren VL | 10.02.19 | 17:00 | TV Arzheim | TuS Weibern |
| w E J | 16.02.19 | 13:00 | TV Arzheim | TV Engers |
| wJA-OLRPS | 17.02.19 | 14:00 | TV Arzheim | - SV Zweibrücken |
| Damen KL | 17.02.19 | 16:00 | FSG Arzheim/Moselweiß III | SF 09 Puderbach |
| m E J | 09.03.19 | 15:00 | TV Arzheim | HV Vallendar |
| m C J | 10.03.19 | 15:00 | TV Arzheim | TV Güls |
| Herren VL | 10.03.19 | 17:00 | TV Arzheim | HV Vallendar II |
| w E J | 16.03.19 | 13:00 | TV Arzheim | TV Bad Ems |
| m E J | 23.03.19 | 15:00 | TV Arzheim | TS Bendorf |
| Damen KL | 24.03.19 | 15:00 | FSG Arzheim/Moselweiß III | HSG Sinzig/Remagen/Ahrweiler |
| Herren VL | 24.03.19 | 17:00 | TV Arzheim | TV Welling |
| m C J | 06.04.19 | 13:30 | TV Arzheim | TuS Weibern |
| wJA-OLRPS | 06.04.19 | 16:00 | TV Arzheim | - SG Bretzenheim |
| m E J | 13.04.19 | 14:00 | TV Arzheim | JSG Welling/Bassenheim II |
| Damen KL | 13.04.19 | 17:30 | FSG Arzheim/Moselweiß III | HSG Westerwald |
| Herren VL | 13.04.19 | 19:30 | TV Arzheim | TV Moselweiß |